

# Cancer Stakeholder

Florida Department of Health, Comprehensive Cancer Control Program

## PROGRAM SPOTLIGHT:

**Cancer survivors today are living longer. Two-thirds of those with invasive cancers live longer than five years.**

**JUNE 4 IS NATIONAL CANCER SURVIVOR AWARENESS DAY**



**S**unday, June 4, 2017 marks the 30th Annual National Cancer Survivors Day and an opportunity to connect with and inspire those diagnosed, support families and reach out to communities. Florida will celebrate and honor over 1.28 million cancer survivors in the state and recognize the health care providers, family and friends who have supported them along the way. As reported by the Centers for Disease Control and Prevention (CDC), cancer survivors today are living longer including two-thirds of those with invasive cancers living longer than five years.

The day will include community outreach events that raise awareness and showcase the plethora of support networks for

current survivors and those recently diagnosed. According to the National Cancer Institute, in 2017 the United States is estimated to have over 1.68 million new cancer cases diagnosed and 600,920 cancer deaths. Florida has an average of 428.5 new diagnoses and 160.3 cancer deaths per 100,000 men and women annually (2009-2013). More data on incidence, mortality, and trends can be found in the Annual Report to the Nation. For more information on this day and to register your survivorship event(s) visit [ncsd.org/](http://ncsd.org/). Palliative care for cancer survivors is highlighted in the Survivor Section of this newsletter (see pg 3).

1. Higashi, Veenstra, Langley. Health Economic Evaluation of Non-Melanoma Skin Cancer and Actinic Keratosis.

2. Losina, Walensky, Geller, et al. Visual Screening for Malignant Melanoma: A Cost-effectiveness Analysis.

3. Seidler AM, Pennie ML, Veledar E, Culler SD, Chen SC. Economic Burden of Melanoma in the Elderly Population: Population-Based Analysis of the Surveillance, Epidemiology, and End Results (SEER)-Medicare Data.





## Surviving Cancer

**C**ancer Survivors Day on June 4, 2017 commemorates and celebrates the countless number of individuals impacted by this disease, many as a result of tobacco use. About 30 percent of cancer deaths in Florida are caused by cigarette smoking.<sup>1</sup> Tobacco can affect an individual's risk before, during and after diagnosis.

Smoking can cause at least 15 different types of cancers.<sup>2</sup> Each puff of a cigarette delivers a mixture of chemicals to the lungs, where they are absorbed into the bloodstream and carried to every organ in the body. These chemicals damage DNA, which controls the reproduction of cells, and can cause the cells to mutate and grow uncontrollably, encouraging cancer development.<sup>3</sup>

Smoking not only causes cancer, but has been shown to affect cancer treatment. People who continue to smoke after being diagnosed with cancer are at higher risk for future cancers and death.<sup>4</sup> Cancer patients and survivors who smoke are more likely to get a new primary cancer (a cancer that occurs in a different organ).<sup>5</sup> Smoking may make cancer treatment less effective and may increase the risk of complications from cancer treatments. Quitting smoking improves the outcomes for cancer patients.<sup>6</sup>

**Quitting smoking also reduces your risk. Within five years of quitting:<sup>7</sup>**

**Risk of cancer** of the mouth, throat, esophagus and bladder is cut in half.

**Female smoker's** risk of cervical cancer falls to that of a nonsmoker's.

**After 10 years of quitting:<sup>8</sup>**

**Risk of dying** from lung cancer drops by half.

**Risk of cancer** of the larynx and pancreas decreases.

**While quitting isn't easy....** finding help is. Tobacco Free Florida's Quit Your Way program offers free tools and services, which have already helped more than 159,000 Floridians quit. Tobacco users in the state can pick the tools and services that are right for them and get the support they need to become tobacco free.

**Visit [tobaccofreeflorida.com](http://tobaccofreeflorida.com) to learn more.**

1 Lotet-Tieulent, MSc Joannie. "US State Level Cancer Mortality Attributable to Cigarette Smoking." *JAMA Internal Medicine*. American Medical Association, 2016.

2 U.S. Department of Health and Human Services. *The Health Consequences of Smoking—50 Years of Progress. A Report of the Surgeon General*. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014.

3 U.S. Department of Health and Human Services. *A Report of the Surgeon General: How Tobacco Smoke Causes Disease: What It Means to You*. U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2010.

4 U.S. Department of Health and Human Services. *The Health Consequences of Smoking—50 Years of Progress. A Report of the Surgeon General*. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014.

5 U.S. Department of Health and Human Services. *The Health Consequences of Smoking—50 Years of Progress. A Report of the Surgeon General*. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014.

6 U.S. Department of Health and Human Services. *The Health Consequences of Smoking—50 Years of Progress. A Report of the Surgeon General*. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014.

7 *A Report of the Surgeon General: How Tobacco Smoke Causes Disease - The Biology and Behavioral Basis for Smoking-Attributable Disease Fact Sheet, 2010; and Tobacco Control: Reversal of Risk After Quitting Smoking*. IARC Handbooks of Cancer Prevention, Vol. 11. 2007, p. 341.

8 *A Report of the Surgeon General: How Tobacco Smoke Causes Disease - The Biology and Behavioral Basis for Smoking-Attributable Disease Fact Sheet, 2010; and US Surgeon General's Report, 1990, pp. vi, 155, 165.*



## State Update

### Florida's 2017 Legislative Session

Florida's 2017 Legislative Session convened on Tuesday, March 7, 2017 and adjourned on May 8, 2017. Bills impacting cancer that have passed and are awaiting signature from the governor include:

**HB2514:** Providing that a specified percentage of the cigarette tax, up to a specified amount, be paid annually to the Florida Consortium of National Cancer Institute Centers Program, rather than the Sanford-Burnham Medical Research Institute; creating the Substance Abuse and Mental Health (SAMH) Safety Net Network; requiring the Department of Children and Families and the Agency for Health Care Administration to determine the scope of services to be offered through providers contracted with the SAMH Safety Net Network, etc.

**HB7041:** Repeals provisions which provide exemption from public records & public meeting requirements for certain records generated by, and meetings of, peer review panels under James & Esther King Biomedical Research Program & William G. "Bill" Bankhead, Jr., & David Coley Cancer Research Program; removes scheduled repeal of exemption.

The 2018 Legislative Session will start January 9, 2018. For more information, visit [Online Sunshine](http://Online Sunshine).





## Plans Are Essential

### Cancer Survivor Tips

**P**alliative care is a multidisciplinary approach to specialized medical care for people with a serious illness. It focuses on providing relief from the symptoms, pain and stress of illness with the goal of improving quality of life for the patient, family and caregiver. Palliative care is appropriate at any age and at any stage and can be provided along with curative treatment. Palliative care services assist the treatment specialists by attending to the physical, psychological and spiritual needs of the patient and their caregivers.

To assess current capacity and need for palliative care services in Florida, an ad hoc committee and the Florida Department of Health developed and disseminated a survey of palliative care providers. Out of 368 hospital and palliative care programs, 59 programs serving over 48,000 palliative care patients responded. Nearly all reported serving patients in a hospital or inpatient setting (91%) and about two in five serve patients in either an outpatient setting or in a community/home-based setting (36% and 34%, respectively). Comparing respondents' reported capacity to serve palliative care patients to the Agency for Health Care Administration's reported data on palliative care need, the analysis found several areas unable to meet the palliative care needs for 25% of patients in the United States. A report on survey

findings can be found here. Key points from the report include:

**Funding and sustainability:** need for cost avoidance instead of fee for service, primary care at diagnosis results in savings and higher quality of life.

**Public perceptions and increasing demand:** "any age at any stage" needs to be better understood by the public as well as the difference between primary care and hospice

**Primary care** is about more than pain management

### Recommendations:

**Strengthen** minimum standards and explore certification: standardize the definition of primary care services in statute, use national standards instead of creating new state ones

**Increase** training opportunities

**Provide education** to the public and the health care sector

For more information on palliative care, visit The Center for the Advancement of Palliative Care.

# Small Steps to Living Healthy



Healthiest Weight Florida is a public-private collaboration bringing together agencies, institutions, organizations and communities to help Floridians make more informed choices about active lifestyles and healthy eating.

**H**ealthiest Weight Florida encourages health care providers and professionals to invite patients to join in taking **Small Steps to Living Healthy**. This email-based program allows participants to sign up for quick weekly tips and tricks to achieve and maintain their healthiest weight. Information is clear, concise and intended to help all Floridians take those difficult first steps to living healthy.

Each week of the month highlights a designated topic area and contains a healthy recipe:

**Set Goals.** At the beginning of each month, a challenge and health tip are emailed. Examples of challenges include replacing sugar-sweetened beverages with water or taking the stairs instead of the elevator.

**Move More.** During the second week of the month, physical activity is highlighted. Participants are introduced

to different styles of exercise and the benefits of each, including options for persons with disabilities.

**Be in the Know.** Week three “fun fact” emails provide facts on other aspects of healthy living related to healthy weight such as stress, depression and time use.

**Eat Smart.** The focus of the last week’s email each month focuses on nutrition. Recipes containing Florida’s in season fruits and vegetables will be highlighted.

Emails will continue throughout the year, but will never be sent more than once a week and participants may opt out at any time. For more information and to register, please visit [www.healthiestweightflorida.com/activities/living-healthy.html](http://www.healthiestweightflorida.com/activities/living-healthy.html).

To learn more about other Healthiest Weight Florida programs visit [HealthiestWeightFlorida.com/](http://HealthiestWeightFlorida.com/).



## Cancer In the News

### General Cancer Related Articles

**At last, a clue to where cancer metastases are born**—*Science Daily*, May 2, 2017

**First-ever global study finds massive health care inequity**—*Science Daily*, May 19, 2017

**How sharing cancer data can save lives**—*Science Daily*, May 24, 2017

### Prevention Related Articles

**Modest increases in kids' physical activity could avert billions in medical costs**—*Science Daily*, May 1, 2017

**Surveillance of Vaccination Coverage Among Adult Populations**—*United States, 2015*—*CDC*, May 5, 2017

**Announcement: Community Preventive Services Task Force Recommendation for Built Environment Interventions to Increase Physical Activity**—*CDC*, May 5, 2017

**Sugar-sweetened beverages becoming more affordable around the world**—*Medical News Today (MNT)*, May 8, 2017

**Smokers with low muscle mass may be likelier to die**—*MNT*, May 22, 2017

**Prevention Breast Cancer**—*American Institute for Cancer Research*, May 23, 2017

**Just one small glass of wine per day increases breast cancer risk**—*MNT*, May 23, 2017

**Sedentary lifestyle appears to increase risk for both kidney and bladder cancer**—*Science Daily*, May 24, 2017

**Current Tobacco Smoking and Desire to Quit Smoking Among Students Aged 13–15 Years**—*Global Youth Tobacco Survey, 61 Countries, 2012–2015*—*CDC*, May 26, 2017

**Percentage of Adults Aged  $\geq 18$  Years Who Walked  $\geq 10$  Minutes as a Method of Transportation, by Location of Residence—National Health Interview Survey, United States, 2005, 2010, and 2015**—*CDC*, May 26, 2017

**World No Smoking Day: Increasing the price of tobacco by 5% reduces consumption by 3.5%**—*Science Daily*, May 29, 2017

### Access to Care Related Articles

**Scientists develop novel chemical 'dye' to improve liver cancer imaging**—*Science Daily*, May 2, 2017

**Researchers discover how cancer-causing virus could stay silently hidden in your body**—*MNT*, May 8, 2017

**Gene sequencing study reveals unusual mutations in endometriosis**—*Science Daily*, May 10, 2017

**One in 5 cancers diagnosed in the United States is a rare cancer**—*MNT*, May 22, 2017

**Raised blood platelet levels 'strong predictor' of cancer**—*MNT*, May 23, 2017

**Open-access genetic screening for hereditary breast cancer is feasible, effective**—*Science Daily*, May 27, 2017

### Survivorship Related Articles

**Scientists create leukemia online tool to aid global search for cure**—*MNT*, May 1, 2017

**Combination therapy could provide new treatment option for ovarian cancer**—*Science Daily*, May 1, 2017

**Three-week radiation therapy treatment given post mastectomy is safe and effective**—*Science Daily*, May 2, 2017

**Stereotactic radiation highly effective for kidney cancer**—*Science Daily*, May 2, 2017

**Patients with non-small-cell lung cancer respond best to salvage chemotherapy when pre-treated with PD-1/PD-L1 inhibitors**—*MNT*, May 8, 2017

**Tai chi relieves insomnia in breast cancer survivors**—*Science Daily*, May 10, 2017

**Scientists build molecule to disrupt cancer protein**—*Institute of Cancer Research*, May 16, 2017

**Breakthrough: Breast cancer relapse linked to fat metabolism**—*MNT*, May 16, 2017

**Antibody for fighting cancer emerges**—*Science Daily*, May 19, 2017

**Radiation for prostate cancer: Types and side effects**—*Science Daily*, May 23, 2017

**Suicide risk elevated among lung cancer patients**—*MNT*, May 24, 2017

**Many patients with early-stage breast cancer receive costly, inappropriate testing**—*Science Daily*, May 25, 2017

# Tools & Resources

**CancerCare presents the following Connect® Education Workshops (all are from 1:30–2:30 p.m. ET): All sessions are free and pre-registration is required.**

**June 21:** Update on the Treatment of Bladder Cancer

**June 22:** Current Perspectives on Early Stage Breast Cancer

**June 26:** Update on the Treatment of Colorectal Cancer

**June 27:** For Caregivers: Coping with a Loved One's Prostate Cancer

**June 29:** What Are Generic Drugs: Understanding Their Role in Cancer Treatment—Current and Future Perspectives

**June 30:** Medical Update on Acute Myelogenous Leukemia (AML)

**Cancer and Careers is hosting an educational series for health care professionals (all are from: 1:00–2:00 p.m. ET unless otherwise noted) that covers practical and legal issues concerning balancing work and cancer.** All sessions are free and pre-registration is required. One continuing education credit will be provided free of charge to eligible oncology nurses and social workers upon approval from listed agencies.

**Sept. 13:** Disclosure, Privacy & Online Brand

**Oct. 11:** Working Through Treatment

**Nov. 16:** Educational Series for Healthcare Professionals: Health Insurance Options

**Dec. 13:** Balancing Work & Cancer Webinar: Body Confidence, Self-Confidence in the Workplace

Participate by listening to these workshops on the telephone or via live streaming through the Internet. For more information or to register online, visit CancerCare online or call 1-800-813-HOPE (4673). Listen to past Connect Education Workshops as podcasts through CancerCare's website.

**The National Comprehensive Cancer Network's (NCCN) Continuing Education Program seeks to improve patient outcomes in oncology by educating clinicians on the application of evidence-based medicine.** Their accredited educational activities are designed for oncologists (in both community and academic settings), nurses, pharmacists, case managers, and other health care professionals involved in the care of patients with cancer.

**June 27:** NCCN 2017 Nursing Program Webinar Series: Advancing Oncology Nursing™ - Clinical Updates and Issues: Colorectal Cancer

**June 29:** NCCN 2017 Nursing Program Webinar Series: Advancing Oncology Nursing™ - Clinical Updates and Issues: Bladder Cancer

Sessions are approved for AMA PRA Category 1 Credit(s)™ as identified.

**CDC and National Cancer Institute (NCI) used state and federal statistics on cancer incidence and deaths to develop a data visualization website. Data can be viewed under a variety of filters including demographics, cancer trends, state overview, state rankings and more.** In addition, CDC's Division of Nutrition, Physical Activity, and Obesity has updated their data, trends and maps database. Data on weight status, food and beverage consumption and healthy habits can be downloaded to create datasets, maps, graphs and other visuals.

**The NCI in collaboration with the American Cancer Society,** the CDC and the North American Association of Central Cancer Registries released a series of digital resources and materials from their Annual Report to the Nation, which include downloadable graphics and social media messages.

**The National Academies of Sciences, Engineering, and Medicine's** roundtable on Health Literacy published proceedings from a workshop on communicating clearly about medicines.

**Leukemia & Lymphoma Society** recently updated several materials for patients and caregivers including co-pay assistance program, food and nutrition fact sheet and choosing a blood cancer specialist.

## Funding Opportunities

**NCCN and Pfizer Inc.** released a request for proposals, Clinical Pathways in Breast Cancer Program Grant Opportunity, to address quality improvement along the continuum of care for breast cancer patients by developing, implementing and evaluating guideline based on clinical pathways in breast cancer. Click here to learn more. **Letter of Intent due by 6/26/17.**

**Florida Breast Cancer Foundation** released FOAs for scientific grants for pilot program research projects. Research areas include can include basic, clinical, and translational breast cancer research and involve epidemiological studies of breast cancer, research on possible links between breast cancer and the environment and psycho-immunological. Click here to learn more. **Closing date is 8/1/17.**

**National Institutes of Health** released funding opportunity announcements (FOAs) for a variety of cancer related research projects:

**Dissemination and Implementation Research in Health** is a FOA to support innovative approaches to identifying, developing, testing, evaluating and/or refining strategies to disseminate and implement evidence-based practices into public health, clinical practice and community settings. For more information visit R01 (PAR-16-238), R21 (PAR-16-236) and R03 (PAR-16-237). **Closing dates vary.**



## About the Cancer Stakeholder

The Cancer Stakeholder is an e-newsletter, which includes the DOH cancer updates, cancer tools and resources, funding opportunities, events, research, and other information about cancer. The opinions expressed in the Cancer Stakeholder do not necessarily reflect the views of the Department or its staff. Please direct questions, comments and suggestions to the Comprehensive Cancer Control Program at [cancer@flhealth.gov](mailto:cancer@flhealth.gov).

If you would like to be removed from this distribution list, please send an email with "Unsubscribe" written in the subject line to [cancer@flhealth.gov](mailto:cancer@flhealth.gov). Please type in the body of the email the county where you reside. Please understand that unsubscribing from the Cancer Stakeholder will unsubscribe you from receiving future emails related to the Comprehensive Cancer Control Program, the Regional Cancer Control Collaboratives and the associated local and statewide cancer activities.

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For any questions or concerns regarding this newsletter or to include your information in a future issue:

**Sam.Mooneyhan@flhealth.gov**  
**(850) 245-4444, ext. 3857**

## Events



**Long-term Survivorship Care after Cancer Treatment: A Workshop in Washington, D.C. on July 24–25, 2017.**

**CDC National Cancer Conference: Visualizing the Future through Prevention, Innovation and Communication in Atlanta, Ga. on August 14–16, 2017.**

**2017 Cancer Programs Conference: Creating a Culture of Quality in Chicago, Ill. on Sept. 8–9, 2017.**

**CDC National Cancer Conference: Visualizing the Future through Prevention, Innovation and Communication in Atlanta, Ga. on August 14–16, 2017.**

**2017 Cancer Programs Conference: Creating a Culture of Quality in Chicago, Ill. on Sept. 8–9, 2017.**

**Changing Patterns of Cancer in Native Communities: Strength through Tradition and Science in Niagara Falls, N.Y. on Sept. 21–24, 2017.**

**NCCN Policy Summit: Redefining Quality Measurement in Oncology in Washington, D.C. on Sept. 25, 2017.**

**NCCN 12th Annual Congress: Hematologic Malignancies™ in San Francisco, Calif. on Oct. 7, 2017.**

**NCCN Patient Advocacy Summit: Addressing Survivorship in Cancer Care in Washington, D.C. on Dec. 1, 2017.**

**Annual Conference on the Science of Dissemination and Implementation in Health in Arlington, Va. on Dec. 4-6, 2017.**

**Methods for Evaluating Natural Experiments in Obesity in Bethesda, Md. on Dec. 5-6, 2017. Poster session abstract submission closes Aug. 31, 2017.**

## Collaboratives

**R**egional Cancer Control Collaboratives exist across the state and work to bring public and private partners together to reduce the burden of cancer. For information about what your regional collaborative in your area is doing, visit their websites listed below.

- > **Northwest Florida Cancer Control Collaborative**
- > **Northeast Florida Cancer Control Collaborative**  
**Facebook: NEFCCC**
- > **North Central Florida Cancer Control Collaborative**
- > **East Central Florida Cancer Control Collaborative**
- > **Southeast Florida Cancer Control Collaborative**  
**Facebook: SoFla Fighting Cancer**
- > **Southwest Florida Cancer Control Collaborative**
- > **The Southeast American Indian Council (SEAIC) focuses on needs assessments, preventive education and quality of life for American Indians. Membership is open to anyone of American Indian heritage. Email Dewey Painter or call him at (904) 208-0857 for an application or for more information.**

To be added to the contact list for any of these collaboratives, send an email request to [Cancer@flhealth.gov](mailto:Cancer@flhealth.gov).