PROGRAM SPOTLIGHT:
Cancer survivors today are living longer.
Two-thirds of those with invasive cancers live longer than five years.

JUNE 4 IS NATIONAL CANCER SURVIVOR AWARENESS DAY

Sunday, June 4, 2017 marks the 30th Annual National Cancer Survivors Day and an opportunity to connect with and inspire those diagnosed, support families and reach out to communities. Florida will celebrate and honor over 1.28 million cancer survivors in the state and recognize the health care providers, family and friends who have supported them along the way. As reported by the Centers for Disease Control and prevention (CDC), cancer survivors today are living longer including two-thirds of those with invasive cancers living longer than five years.

The day will include community outreach events that raise awareness and showcase the plethora of support networks for current survivors and those recently diagnosed. According to the National Cancer Institute, in 2017 the United States is estimated to have over 1.68 million new cancer cases diagnosed and 600,920 cancer deaths. Florida has an average of 428.5 new diagnoses and 160.3 cancer deaths per 100,000 men and women annually (2009-2013). More data on incidence, mortality, and trends can be found in the Annual Report to the Nation. For more information on this day and to register your survivorship event(s) visit ncsd.org/. Palliative care for cancer survivors is highlighted in the Survivor Section of this newsletter (see pg 3).
Smoking not only causes cancer, but has been shown to affect cancer treatment. People who continue to smoke after being diagnosed with cancer are at higher risk for future cancers and death.\(^4\) Cancer patients and survivors who smoke are more likely to get a new primary cancer (a cancer that occurs in a different organ).\(^3\) Smoking may make cancer treatment less effective and may increase the risk of complications from cancer treatments. Quitting smoking improves the outcomes for cancer patients.\(^5\)

**Quitting smoking also reduces your risk. Within five years of quitting:**\(^2\)

**Risk of cancer** of the mouth, throat, esophagus and bladder is cut in half.
**Female smoker's** risk of cervical cancer falls to that of a nonsmoker's.

**After 10 years of quitting:**\(^4\)

**Risk of dying** from lung cancer drops by half.
**Risk of cancer** of the larynx and pancreas decreases.

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Palliative care is a multidisciplinary approach to specialized medical care for people with a serious illness. It focuses on providing relief from the symptoms, pain and stress of illness with the goal of improving quality of life for the patient, family and caregiver. Palliative care is appropriate at any age and at any stage and can be provided along with curative treatment. Palliative care services assist the treatment specialists by attending to the physical, psychological and spiritual needs of the patient and their caregivers.

To assess current capacity and need for palliative care services in Florida, an ad hoc committee and the Florida Department of Health developed and disseminated a survey of palliative care providers. Out of 368 hospital and palliative care programs, 59 programs serving over 48,000 palliative care patients responded. Nearly all reported serving patients in a hospital or inpatient setting (91%) and about two in five serve patients in either an outpatient setting or in a community/home-based setting (36% and 34%, respectively). Comparing respondents’ reported capacity to serve palliative care patients to the Agency for Health Care Administration’s reported data on palliative care need, the analysis found several areas unable to meet the palliative care needs for 25% of patients in the United States. A report on survey findings can be found here. Key points from the report include:

**Funding and sustainability:** need for cost avoidance instead of fee for service, primary care at diagnosis results in savings and higher quality of life.

**Public perceptions and increasing demand:** “any age at any stage” needs to be better understood by the public as well as the difference between primary care and hospice.

**Primary care** is about more than pain management.

**Recommendations:**

- **Strengthen** minimum standards and explore certification: standardize the definition of primary care services in statute, use national standards instead of creating new state ones
- **Increase** training opportunities
- **Provide education** to the public and the health care sector

For more information on palliative care, visit The Center for the Advancement of Palliative Care.
Healthiest Weight Florida is a public-private collaboration bringing together agencies, institutions, organizations and communities to help Floridians make more informed choices about active lifestyles and healthy eating.

Small Steps to Living Healthy

Healthiest Weight Florida encourages health care providers and professionals to invite patients to join in taking Small Steps to Living Healthy. This email-based program allows participants to sign up for quick weekly tips and tricks to achieve and maintain their healthiest weight. Information is clear, concise and intended to help all Floridians take those difficult first steps to living healthy.

Each week of the month highlights a designated topic area and contains a healthy recipe:

**Set Goals.** At the beginning of each month, a challenge and health tip are emailed. Examples of challenges include replacing sugar-sweetened beverages with water or taking the stairs instead of the elevator.

**Move More.** During the second week of the month, physical activity is highlighted. Participants are introduced to different styles of exercise and the benefits of each, including options for persons with disabilities.

**Be in the Know.** Week three “fun fact” emails provide facts on other aspects of healthy living related to healthy weight such as stress, depression and time use.

**Eat Smart.** The focus of the last week’s email each month focuses on nutrition. Recipes containing Florida’s in season fruits and vegetables will be highlighted.

Emails will continue throughout the year, but will never be sent more than once a week and participants may opt out at any time. For more information and to register, please visit www.healthiestweightflorida.com/activities/living-healthy.html.

To learn more about other Healthiest Weight Florida programs visit HealthiestWeightFlorida.com.
General Cancer Related Articles
At last, a clue to where cancer metastases are born—Science Daily, May 2, 2017
First-ever global study finds massive health care inequity—Science Daily, May 19, 2017
How sharing cancer data can save lives—Science Daily, May 24, 2017

Prevention Related Articles
Modest increases in kids’ physical activity could avert billions in medical costs—Science Daily, May 1, 2017
Surveillance of Vaccination Coverage Among Adult Populations—United States, 2015—CDC, May 5, 2017
Announcement: Community Preventive Services Task Force Recommendation for Built Environment Interventions to Increase Physical Activity—CDC, May 5, 2017
Sugar-sweetened beverages becoming more affordable around the world—Medical News Today (MNT), May 8, 2017
Smokers with low muscle mass may be likelier to die—MNT, May 22, 2017
Just one small glass of wine per day increases breast cancer risk—MNT, May 23, 2017
Sedentary lifestyle appears to increase risk for both kidney and bladder cancer—Science Daily, May 24, 2017

Access to Care Related Articles
Percentage of Adults Aged ≥18 Years Who Walked ≥10 Minutes as a Method of Transportation, by Location of Residence—National Health Interview Survey, United States, 2005, 2010, and 2015—CDC, May 26, 2017
World No Smoking Day: Increasing the price of tobacco by 5% reduces consumption by 3.5%—Science Daily, May 29, 2017

Survivorship Related Articles
Scientists create leukemia online tool to aid global search for cure—MNT, May 1, 2017
Combination therapy could provide new treatment option for ovarian cancer—Science Daily, May 1, 2017
Three-week radiation therapy treatment given post mastectomy is safe and effective—Science Daily, May 2, 2017
Stereotactic radiation highly effective for kidney cancer—Science Daily, May 2, 2017
Patients with non-small-cell lung cancer respond best to salvage chemotherapy when pre-treated with PD-1/PD-L1 inhibitors—MNT, May 8, 2017
Tai chi relieves insomnia in breast cancer survivors—Science Daily, May 10, 2017
Scientists build molecule to disrupt cancer protein—Institute of Cancer Research, May 16, 2017
Breakthrough: Breast cancer relapse linked to fat metabolism—MNT, May 16, 2017
Antibody for fighting cancer emerges—Science Daily, May 19, 2017
Radiation for prostate cancer: Types and side effects—Science Daily, May 23, 2017
Suicide risk elevated among lung cancer patients—MNT, May 24, 2017
Many patients with early-stage breast cancer receive costly, inappropriate testing—Science Daily, May 25, 2017
Tools & Resources

CancerCare presents the following Connect® Education Workshops (all are from 1:30–2:30 p.m. ET): All sessions are free and pre-registration is required.

- **June 21:** Update on the Treatment of Bladder Cancer
- **June 22:** Current Perspectives on Early Stage Breast Cancer
- **June 26:** Update on the Treatment of Colorectal Cancer
- **June 27:** For Caregivers: Coping with a Loved One’s Prostate Cancer
- **June 29:** What Are Generic Drugs: Understanding Their Role in Cancer Treatment—Current and Future Perspectives
- **June 30:** Medical Update on Acute Myelogenous Leukemia (AML)

Cancer and Careers is hosting an educational series for health care professionals (all are from 1:00–2:00 p.m. ET unless otherwise noted) that covers practical and legal issues concerning balancing work and cancer. All sessions are free and pre-registration is required. One continuing education credit will be provided free of charge to eligible oncology nurses and social workers upon approval from listed agencies.

- **Sept. 13:** Disclosure, Privacy & Online Brand
- **Oct. 11:** Working Through Treatment
- **Nov. 16:** Educational Series for Healthcare Professionals: Health Insurance Options
- **Dec. 13:** Balancing Work & Cancer Webinar: Body Confidence, Self-Confidence in the Workplace

Participate by listening to these workshops on the telephone or via live streaming through the Internet. For more information or to register online, visit CancerCare online or call 1-800-813-HOPE (4673). Listen to past Connect Education Workshops as podcasts through CancerCare’s website.

The National Comprehensive Cancer Network’s (NCCN) Continuing Education Program seeks to improve patient outcomes in oncology by educating clinicians on the application of evidence-based medicine. Their accredited educational activities are designed for oncologists (in both community and academic settings), nurses, pharmacists, case managers, and other health care professionals involved in the care of patients with cancer.

- **June 27:** NCCN 2017 Nursing Program Webinar Series: Advancing Oncology Nursing™ - Clinical Updates and Issues: Colorectal Cancer
- **June 29:** NCCN 2017 Nursing Program Webinar Series: Advancing Oncology Nursing™ - Clinical Updates and Issues: Bladder Cancer

Sessions are approved for AMA PRA Category 1 Credit(s)™ as identified.

CDC and National Cancer Institute (NCI) used state and federal statistics on cancer incidence and deaths to develop a data visualization website. Data can be viewed under a variety of filters including demographics, cancer trends, state overview, state rankings and more. In addition, CDC’s Division of Nutrition, Physical Activity, and Obesity has updated their data, trends and maps database. Data on weight status, food and beverage consumption and healthy habits can be downloaded to create datasets, maps, graphs and other visuals.

The NCI in collaboration with the American Cancer Society, the CDC and the North American Association of Central Cancer Registries released a series of digital resources and materials from their Annual Report to the Nation, which include downloadable graphics and social media messages.

Leukemia & Lymphoma Society recently updated several materials for patients and caregivers including co-pay assistance program, food and nutrition fact sheet and choosing a blood cancer specialist.

Funding Opportunities

NCCN and Pfizer Inc. released a request for proposals, Clinical Pathways in Breast Cancer Program Grant Opportunity, to address quality improvement along the continuum of care for breast cancer patients by developing, implementing and evaluating guideline based on clinical pathways in breast cancer. Click here to learn more. Letter of Intent due by 6/26/17.

Florida Breast Cancer Foundation released FOAs for scientific grants for pilot program research projects. Research areas include can include basic, clinical, and translational breast cancer research and involve epidemiological studies of breast cancer, research on possible links between breast cancer and the environment and psycho-immunological. Click here to learn more. Closing date is 8/1/17.

National Institutes of Health released funding opportunity announcements (FOAs) for a variety of cancer related research projects:

Dissemination and Implementation Research in Health is a FOA to support innovative approaches to identifying, developing, testing, evaluating and/or refining strategies to disseminate and implement evidence-based practices into public health, clinical practice and community settings. For more information visit R01 (PAR-16-238), R21 (PAR-16-236) and R03 (PAR-16-237). Closing dates vary.
Events


2017 Cancer Programs Conference: Creating a Culture of Quality in Chicago, Ill. on Sept. 8–9, 2017.


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Changing Patterns of Cancer in Native Communities: Strength through Tradition and Science in Niagara Falls, N.Y. on Sept. 21–24, 2017.


About the Cancer Stakeholder

The Cancer Stakeholder is an e-newsletter, which includes the DOH cancer updates, cancer tools and resources, funding opportunities, events, research, and other information about cancer. The opinions expressed in the Cancer Stakeholder do not necessarily reflect the views of the Department or its staff. Please direct questions, comments and suggestions to the Comprehensive Cancer Control Program at cancer@flhealth.gov.

If you would like to be removed from this distribution list, please send an email with “Unsubscribe” written in the subject line to cancer@flhealth.gov. Please type in the body of the email the county where you reside. Please understand that unsubscribing from the Cancer Stakeholder will unsubscribe you from receiving future emails related to the Comprehensive Cancer Control Program, the Regional Cancer Control Collaboratives and the associated local and statewide cancer activities.

This electronic newsletter was funded by Cooperative Agreement US8/DP003872 from the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the views of the Centers for Disease Control and Prevention.

For any questions or concerns regarding this newsletter or to include your information in a future issue:

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Collaboratives

Regional Cancer Control Collaboratives exist across the state and work to bring public and private partners together to reduce the burden of cancer. For information about what your regional collaborative in your area is doing, visit their websites listed below.

> Northwest Florida Cancer Control Collaborative
> Northeast Florida Cancer Control Collaborative Facebook: NEFCCC
> North Central Florida Cancer Control Collaborative
> East Central Florida Cancer Control Collaborative
> Southeast Florida Cancer Control Collaborative Facebook: SoFla Fighting Cancer
> Southwest Florida Cancer Control Collaborative
> The Southeast American Indian Council (SEAIC) focuses on needs assessments, preventive education and quality of life for American Indians. Membership is open to anyone of American Indian heritage. Email Dewey Painter or call him at (904) 208-0857 for an application or for more information.

To be added to the contact list for any of these collaboratives, send an email request to Cancer@flhealth.gov.